

## Natural Healing Library

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step into the sacred presence of angels and begin your journey of divine transformation angel prayers affirmations is your comprehensive guide to connecting with the celestial realm blending the divine wisdom of 17 archangels with powerful affirmations guided meditations and the healing influence of essential oils

this book offers a practical and inspiring path to spiritual awakening inner peace and personal empowerment whether you re seeking protection clarity emotional healing or a deeper intuitive connection this sacred guide provides clear tools and timeless wisdom to help you connect with divine support inside this book you ll discover the angelic realm understand the divine roles of angels archangels and celestial messengers how to connect with archangels learn how to invoke angelic support for healing protection guidance and empowerment transformative angelic meditations guided meditations to align with your higher self and the love and wisdom of the angels powerful affirmations activate your spiritual energy and elevate your frequency through the power of intention essential oils angelic energy discover essential oils and custom blends to deepen your connection with each archangel angelic help for life s challenges receive support for relationships emotional balance creativity and spiritual growth a z angelic support guide a practical reference matching angels and essential oils to everyday needs and concerns spiritual science quantum healing explore the union of ancient metaphysics with modern energy medicine let the radiant presence of the archangels uplift heal and guide you in all areas of your life this transformative guide offers keys to divine connection energetic balance and living in harmony with your highest purpose kg stiles ba cbt cbp lmt is a best selling author metaphysician and certified clinical aromatherapist with over four decades of experience in the holistic healing arts she has worked with internationally renowned celebrities athletes and hospital wellness programs a pioneer in energy medicine and spiritual healing kg has authored over 100 books on essential oils spirituality and natural wellness she is the founding director of pureplant essentials offering 100 pure gc ms tested essential oils and custom wellness formulas she serves as the oregon south director for naha national association for holistic aromatherapy and is a naha approved continuing education provider her mission is to empower and inspire others on their path to wholeness

linda page has been saying it for years good food is good medicine now in her new revolutionary cookbook set she presents the latest information about the problems with today s food supply and shows how to use food as medicine for healing and for wellness

you will discover the healing secrets of different kinds of foods for example fruits vegetables and chlorophyll how they cleanse your body and heal health problems green superfoods and medicinal mushrooms how they work for faster healing herbs and sea greens how they help the body remain in balance spices and herbs how they boost thermogenesis to burn calories for hours also includes complete nutrient value reference sections for food herbs and nutrients and a complete section dedicated to the importance of organic foods there are over 80 complete healing diets and programs from allergies to childhood disease control to recovery after radiation and surgery each detailed programme shows how to develop the healing diet and then refers to the easy to use recipes in cooking for

healthy healing book two the healing recipes

unlock the secrets of the stars with astrology survival guide practical insights for understanding yourself life cycles by kg stiles this book is designed for those who don't just want to understand astrology but want to engage with it astrology survival guide offers hands on practical tools that integrate astrology with meditative practices essential oils and crystals empowering you to align with cosmic rhythms through conscious intention whether you're a beginner or an experienced astrology enthusiast this guide provides a holistic approach to understanding your zodiac sign and navigating life's cycles if you're seeking a deeper connection with the stars and a more balanced empowered life this book is your roadmap for personal growth and transformative change what you'll find inside detailed zodiac personality profiles gain a clear understanding of the unique traits that shape your personality life path and potential for growth healing crystals gemstones discover the best crystals to amplify your strengths and bring balance to your energy essential oils blends learn which oils best support your sign helping to balance and enhance your natural energy new full moon guidance navigate key cosmic events with expert tips to harness their energy for growth and transformation angelic assistance meditation tap into divine guidance with powerful mantras meditations and rituals that support your spiritual journey positive affirmations fuel your transformation with affirmations that inspire growth inner peace and confidence understanding basic astrological concepts the sun moon ascendant and midheaven explore the most influential components of your chart personal and social planets learn how mercury venus mars saturn and jupiter influence your relationships career and life ambitions transpersonal planets uncover how uranus neptune and pluto affect your soul's purpose and spiritual growth the nodes of destiny gain insights into your soul's path eclipses retrogrades learn how to navigate these powerful cosmic events with clarity and purpose the 12 houses of the zodiac understand how the 12 houses influence various aspects of your life astrology survival guide is more than just a book it's a transformative journey by integrating astrology with holistic wellness practices this guide will help you tap into your highest potential navigate life's challenges and find deeper alignment with your soul's purpose don't wait start your personal journey of self discovery today praise for astrology survival guide a comprehensive astrology book an invaluable resource for expanding both knowledge and appreciation of this fascinating subject andi goldman jonathan goldman the humming effect about the author kg stiles ba cbt cbp lmt is an acclaimed metaphysician astrologer and certified clinical aromatherapist with over 40 years of experience she is the founder of pureplant essentials and a best selling author who has worked with celebrities athletes and hospitals worldwide she serves as the south oregon director for the national association of holistic aromatherapy naha

cancer can make you feel powerless survival rate statistics can leave you feeling helpless and afraid but you are a person not a percentage and you are not powerless you have the ability to help yourself heal in help heal yourself from cancer cancer survivors and trusted medical professionals bill and martha sears help you go from patient to partner in your cancer healing journey they outline the steps you can take both in working with your cancer care providers and on your own to maximize your chances of not just beating cancer but thriving in its wake this comprehensive guide will help you develop a conquer cancer mindset the science is clear cancer healing begins with the brain believing you will heal is the first step personalize your treatment plan find out what tests to ask for which advice to pay attention to and what to ignore and how to talk to your oncologist about designing a plan that s perfectly tailored to you and your cancer lean in to supporting your immune system learn how to best support your natural cancer fighting army through lifestyle exercise and nutrition giving chemotherapy and radiation the best chance of success with eye catching illustrations to boost understanding and special sections on breast colon lung and brain cancers this book gives you the tools you need to stop fearing your cancer and start boosting your immune system fine tuning your treatment plan and taking charge of your healing all so you can ultimately help heal yourself from cancer

harness the power of traditional chinese medicine aromatherapy to restore balance and vitality discover the ancient wisdom of traditional chinese medicine tcm and how essential oils can help restore balance to the five elements and revitalize your energy flow in this comprehensive guide bestselling author and aromatherapist kg stiles reveals powerful natural remedies used for centuries to support holistic healing if you ve ever felt stuck unbalanced or drained this book will teach you how to align your energy promote well being and regain harmony through the five elements wood fire earth metal and water and the corresponding organ meridians inside this guide you ll discover the key powers properties and associations of the five elements how each element connects to body parts chakras and energy flow signs of balance and imbalance in each element physical and emotional symptoms of stagnation and blockage essential oils for balancing the five elements and organ meridians safe application methods for maximum healing benefits how to select the right essential oils for targeted therapeutic effects the power of adaptogenic oils natural super oils that regulate and restore energy flow adaptogenic essential oils the super oils for balance certain adaptogenic oils have a unique ability to increase or decrease the energy of an element and regulate the flow of chi in organ meridians as needed these powerful oils serve as natural healers helping you stay in balance mentally physically and emotionally praise for kg stiles work i can think of no one better to teach aromatherapy than kg stiles her 30 years of experience and passion to facilitate personal growth and wellness is unsurpassed eldon taylor ph d fapa new

york times bestselling author of choices and illusions this book is a must read for anyone interested in holistic healing and the profound ways aromatherapy can be applied as an effective mind body technique john l turner md neurosurgeon author of medicine miracles manifestations kg stiles books go way beyond most other authorities on aromatherapy and holistic healing highly recommended steven farmer ph d bestselling author of earth magic why this guide is a must have whether you re a holistic health practitioner acupuncturist energy healer or simply someone looking to enhance your well being this book will empower you with practical easy to follow techniques to bring balance harmony and vitality into your life perfect for those interested in traditional chinese medicine tcm and the five elements aromatherapy for healing and energy balance natural remedies for emotional and physical well being acupuncture meridians and holistic health practices essential oils for health wellness about kg stiles with over four decades of experience kg stiles has helped tens of thousands of people overcome health challenges and achieve holistic well being known as the aromatherapist to the stars her clients have included world renowned celebrities top executives and hospitals she is a bestselling author clinical aromatherapist and naha approved continuing education provider get your copy today start your journey to balance and energy healing with this powerful chinese medicine summary guidebook a must have resource for anyone seeking to harness the power of essential oils and traditional chinese medicine for holistic healing

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